The Four Spiritual Laws of Prosperity

Based on the book by Edwene Gaines
# Table of Contents

**Welcome to the Practice of Thriving** ................................................................. 4  
Program Overview ......................................................................................................................... 4  
How to Complete the Benchmark ................................................................................................. 5  
A Word to Individual Participants ................................................................................................ 5  
Benchmark 10 Additional Tracking Sheet for Ministries .......................................................... 6  
Benchmark 10 Additional Tracking Sheet for Individuals .......................................................... 7  
**Section 1: Getting Prepared** ......................................................................................... 8  
  - The Art & Spirit of Prosperity ............................................................................................. 8  
  - Action Steps .......................................................................................................................... 9  
**Section 2: For Your Board** ........................................................................................... 10  
  - Gaining Your Board’s Commitment ................................................................................... 10  
  - Board Program Instructions ................................................................................................ 11  
  - Teacher’s Instructions for Board Course/Retreat ............................................................. 15  
  - Set Up Prayer Triads This Week ........................................................................................ 15  
**Section 3: For Your Congregation** .............................................................................. 19  
  - Congregational Program Instructions ................................................................................. 19  
  - Lesson Notes for Sunday or weekday talk/series ............................................................. 20  
  - Teacher’s Instruction for Congregational Course ............................................................. 24  
  - Set Up Prayer Triads This Week ........................................................................................ 24  
**Section 4: Extras for Everyone** .................................................................................. 27  
  - Power of Prosperity Messages ............................................................................................ 27  
  - Promotional Materials ......................................................................................................... 27
Benchmark 10
The Practice of Thriving

Ministries such as yours have chosen Option 2—Thriving in Unity, which has a total of 12 benchmarks. This benchmark is an abbreviated version of the full Practice of Thriving program for Option 1. That program has an eight-month schedule. This version reduces the requirements. The full program is available on our website at www.ThrivingInUnity.org under The Practice of Thriving.

Program Overview
Below is an overview of the program and contents of the Benchmark 10 folder on the CD-ROM (this information is also available for download at www.ThrivingInUnity.org).

Introduction
- Overview of Program
- Tracking Sheets

Section 1: Getting Prepared
- The Art & Spirit of Prosperity
- Action Steps

Section 2: For Your Board
- Board Program Instructions
- Ministry Prosperity Assessment
- Board Workbook (in a separate document)

Section 3: For Your Congregation
- Congregational Program Instructions
- Sunday Lesson Materials
- Class Workbook for Congregations (in a separate document)

Section 4: Extras for Everyone
- Power of Prosperity Messages (in a separate document)
- Promotional Materials
How to Complete the Benchmark
Because this benchmark is more involved, you will find an additional tracking sheet on page 6 (purple heading). In order to receive credit for this benchmark please complete these as well as the regular tracking sheet for benchmark 10 found in the Thriving in Unity kit.

A Word to Individual Participants
This program also has an additional individual tracking sheet found on page 7 (orange heading) for those who are not participating as a ministry or for those who wish to do both the ministry and individual program. This tracking sheet has been modified to capture actions geared toward individuals. Please read all of the materials provided and complete the items listed on this sheet. Once you have done all items on the individual tracking sheet, send the completed form, as well as the regular tracking sheet for Benchmark 10, to Debbie Allen at our Association home office.
### Benchmark 10 Additional Tracking Sheet for Ministries

#### Practice of Thriving Program

Fill in this form as you complete each activity or task to track your progress. Once you have completed all tasks make a copy of this form and return it to our Association home office (attention Debbie Allen) no later than April 30, 2009 to be recognized at the 2009 Unity People's Convention in Overland Park, Kansas.

<table>
<thead>
<tr>
<th>Activity/Task</th>
<th>Date Completed</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Review all materials for the Practice of Thriving program</td>
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<tr>
<td>Introduce Practice of Thriving program to board members</td>
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<tr>
<td>Hold class or retreat for board members—Conduct Ministry Prosperity Assessment as part of class or retreat</td>
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<td>Set up prayer triads for board members</td>
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<tr>
<td>Schedule and hold at least one 4-5 week class for your congregation</td>
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<td>Set up prayer triads for class participants following the conclusion of the class</td>
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<tr>
<td>Use the Power of Prosperity Messages with the class (choose one or more per week)</td>
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<td>Optional</td>
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<tr>
<td>Introduce Practice of Thriving Program to Congregation through a Sunday (or weeknight) Series based on the book <em>The Four Spiritual Laws of Prosperity</em> Promote this series to your community, encourage congregants to invite guests</td>
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<tr>
<td>Revisit key themes from the book (Forgiveness, Divine Purpose, Goal Setting, and Tithing) during Sunday lessons throughout the 8 months</td>
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<tr>
<td>Invite Edwene Gaines to speak at your ministry</td>
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Benchmark 10 Additional Tracking Sheet for Individuals
Practice of Thriving Program

Fill in this form as you complete each activity or task to track your progress. Once you have completed all tasks make a copy of this form and return it to our Association home office (attention Debbie Allen) no later than April 30, 2009 to be recognized at the 2009 Unity People’s Convention in Overland Park, Kansas.

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<tr>
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<th>Date Completed</th>
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<tbody>
<tr>
<td>Review all materials for the Practice of Thriving program</td>
<td></td>
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<tr>
<td>Read the book <em>The Four Spiritual laws of Prosperity</em></td>
<td></td>
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<tr>
<td>Complete the course workbook for congregants</td>
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<tr>
<td>Set up a prayer triad or find a prayer partner (continue holding consciousness together through April)</td>
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<tr>
<td>Review one of the Power of Prosperity Messages at the start of each month and meditate on its message</td>
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<td>Optional</td>
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<tr>
<td>Enroll in or facilitate the 4-5 week class with others</td>
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<tr>
<td>Attend a prosperity workshop with Edwene Gaines</td>
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Section 1: Getting Prepared

The Art & Spirit of Prosperity
Too often when we think of prosperity we think of it in terms of what we have or don’t have or by what we can or cannot do. This causes us to measure our abundance by external circumstances. When we look at abundance as something that occurs outside of ourselves, we will forever find ourselves chasing an illusion of prosperity that simply does not exist.

Rather than focusing on what we have or what we wish to do, we can shift our focus on what we choose to be. Placing our focus on “being that which we have come to be” allows us to connect deeply and powerfully with our divine purpose. When we are on purpose and in the flow, everything we need to accomplish that purpose is brought forth to us.

The Thriving Ministry Model™ is about linking our abundance to who we are and what we have come here to be. The first step in that process is remembering that God is our Source. Our prosperity comes only from Source—not from our paycheck, our congregation, our job, nor anything but Source. Scripture tells us that by returning to God the first 10% of our income, we will be forever blessed with the abundant flow of divine prosperity. Yet tithing continues to feel like a taboo subject rather than the gift that it is.

The 2008 Practice of Thriving course is based on the book by master prosperity teacher Edwene Gaines The Four Spiritual Laws of Prosperity. This program aims to support your ministry in opening fully to divine abundance. With both a board component and a congregational component, your ministry can step fully into demonstrating prosperity laws in action.

Without giving, the soul shrivels. But when giving is practiced as a part of Christian living, the soul expands and becomes Godlike in the grace of liberality and generosity. —Charles Fillmore
**Action Steps**

- **Prepare**
  - Step 1: Champion and minister read all course information provided
  - Step 2: Champion and minister read *Contact* article “When Abundance Isn’t Enough” provided
  - Step 3: Champion and minister read the book *The Four Spiritual Laws of Prosperity*

- **For Your Board**
  - Step 4: Gain the commitment of the leadership first (board of trustees—including minister)
  - Step 5: Complete a prosperity assessment for your ministry
  - Step 6: Board trustees and minister complete the coursework (either a 4-week class or a weekend retreat)
    - Teacher instructions provided
    - Workbook provided (may be printed and given to participants)
  - Step 7: Board trustees complete final prosperity assessment

- **For Your Congregation**
  - Step 8: Minister or designee teaches 4 or 5 week class at least one time in the 8-month program period (SEE credits available for 5 week class)
    - Teacher instructions provided
    - Workbook provided (may be printed and given to participants)
  
  **Optional:**
  - Step 8: Minister delivers a Sunday (or weekday) series based on the book by Edwene Gaines, *The Four Spiritual Laws of Prosperity.*
    - Lesson preparation materials provided
    - Accompanying music suggestions provided

- **Extras for Everyone**
  - Step 10: Follow up with the 8 Power of Prosperity Messages provided
Section 2: For Your Board

A small group of thoughtful people could change the world. Indeed, it’s the only thing that ever has.
— Margaret Mead

Gaining Your Board’s Commitment
It can be said that the most critical group of lay leaders in any ministry is its board of trustees. Whether they know it or not, board members serve as role models for other congregants. Together with the minister, the board serves as a resonant core, setting the vibration or consciousness at the core of the ministry which in turn affects the vibration or consciousness of the organization as a whole. Research shows that consciousness of the congregation as a whole, and of the ministry as an organization, will not rise above the level of consciousness demonstrated by its leaders. If the board operates from fear in how it makes decisions, its likely that fear will spill out into the general congregation. If the board holds the high watch and is demonstrating spiritual principles and modeling best practices, this too will spill out and influence the general congregation.

Thriving ministries, by design or by chance, are congruent and in integrity from their most committed leaders through to their newest members. In other words, thriving ministry leaders live the wise words of Mahatma Gandhi, “We must be the change we wish to see.” Rather than just talking about spiritual principles they live them. Rather than just teaching spiritual principles, they demonstrate them. They lead by example, asking only that which they are willing to do themselves. Any shift in consciousness within the congregation must first be present at the board level. It is for this reason that, as with any consciousness raising initiative, our focus on enhancing a ministry’s abundance must begin at the top.

Understanding Giving
Many people have had limited exposure to charitable giving, and fewer still may be familiar with the spiritual practice of tithing. Some may understand that giving is an important and good thing to do, yet they may have no sense of why or how to proceed, nor have a full grasp of the connection between personal finances and spiritual principles. As ministers and spiritual leaders, one of the greatest gifts we can ever offer to those we serve is prosperity education. If you yourself are practicing prosperity principles, you know how powerful this is. Yet, often in ministry we shy away from sharing this blessing with others for fear it will be interpreted as “just a push for more money.”
In order to help people understand more about this important spiritual practice, they must not only hear it spoken about from the platform and take training classes, but they must witness to it happening in practice. They will take their cues from what they see and hear being authentically practiced by the leaders in the church.

The board sets the tone for the rest of the ministry. They lead in creating the field of consciousness, along with the ministerial staff. As the leadership moves through the material in this program and builds or strengthens its prosperity consciousness with a disciplined spiritual practice, the effects will be felt across the entire ministry.

**Board Program Instructions**

The material in this section asks your board members to approach the teachings from the perspective of an officer of the organization. While they will most certainly find applications for their own personal finances, and they will be challenged to personally demonstrate prosperity principles, the main focus is on the financial health of the ministry rather than their own. For this reason, board members are encouraged to enroll in the congregational course as well. Through the congregational class, not only will the board be served personally, but it will benefit others in the congregation to see the board members at the classes and to interact with them on the subject of prosperity principles. Credit is available for the 5 week congregational class, but not for the 4 week board session.

Please select one of the following options to present the material and begin developing the field as a leadership group.

- Meet weekly for 4 weeks
- Hold Friday evening and full-day Saturday board “abundance” retreat

**Action Steps**

1. Let the church know that the board is enrolled in the Practice of Thriving program at the board level.
2. Schedule your 4 meeting nights or your weekend retreat.
3. Invite the board members to read Edwene Gaines’ book, *The Four Spiritual Laws of Prosperity* and point out that you will study the book sections in this order: Forgiveness, Divine Purpose, Goal Setting, Tithing.
4. One to two weeks ahead make two copies of the assessment and give to board members to complete. Ask them to answer as honestly as possible. During your first meeting, or on Friday night, board members and minister share their answers from the Ministry Prosperity Assessment (see page 13).
5. Review the list of affirmations on page 14. Choose one affirmation from the list to start your course meetings. You may wish to do this for all your board meetings.
6. During the course, have each board member select a different affirmation from the list and personally hold for the church until the board meets again. Then choose a different one and repeat the process until all of the affirmations have been held for the church.

7. Take the board members through the exercises in the board workbook (additional teacher instructions can be found on page 15).

8. At the end of the course or retreat, have each trustee complete the final prosperity assessment (found on page 18) and see if perspectives have changed. Discuss any changes and any action steps for the board at the first regular board meeting you have following the close of the course.
Ministry Prosperity Assessment

Take a few moments to center yourself. Breathe in deeply and bring into your heart the appreciation you feel for your church community. Ask for guidance in answering these questions as honestly as possible, knowing it will support the shift in consciousness of your ministry. When you are ready, write your answers in a journal or on separate paper.

1. What does it mean for your church to be prosperous?
2. Does this church have a prosperity consciousness?
3. Who holds that consciousness for the church?
4. What is your part as a board member in the prosperity of your church?
5. Does the church talk about prosperity?
6. What kind of prosperity education is being done in the church? What other ideas do you have?
   a. Classes?
   b. Talk from the pulpit?
   c. Prayer groups?
   d. Newsletters?
7. How does this board understand prosperity in the church? Is it just by the tithes and love offerings that we demonstrate prosperity as a ministry?
8. What are the feelings about prosperity on this board? Do you, as a board member, feel the prosperity of your church? If yes, why? If not, why not? Would people in your church agree?
9. What could this church be if money were no issue?
10. What, if anything, holds this ministry back from being prosperous? Would it take an uncomfortable change? What would that discomfort look and feel like?
11. How do you as a board address fear around lack in the church?
12. As a board member, what are you willing to do to raise the prosperity consciousness of this ministry?
   a. Do you think that the leaders in the church need to model prosperity? Are you willing to be a model? What does it mean to be a model?
   b. Do you tithe to this ministry? Are you willing to tithe?
   c. Are you willing to talk about prosperity?

You are prosperous to the degree that you are experiencing peace, health, and plenty in your world.

—Catherine Ponder
Affirmations for Use in Opening Meetings

1. The entire universe loves this church, serves this church, nurtures this church, and wants this church to succeed.
2. There is enough good for this entire church.
3. We, as a board, choose to release all sense of lack, struggle and fear.
4. We choose to trust that God is the source and we are the channels.
5. This church has wonderful gifts and we choose to share them generously.
6. This church has wonderful gifts to receive and we receive them joyously.
7. Prosperity comes to this church from all directions and we are richly blessed.
8. Money is energy and it is here to serve this church; we agree to be good stewards of this money.
9. As a board, we can be trusted to handle money spiritually and openly.
10. We will tithe as a church to where we are spiritually supported.
11. Money comes to this church easily and effortlessly for the work of God that is ours to do. We receive it in joy.
12. There is no lack in this church. We love to share.
13. There is no fear of lack in this church. God provides lavishly for this church and the work it does.
14. Large, rich, opulent financial surprises come into this church daily and we celebrate in gratitude.
15. This church has wonderful projects for good in the world and everything that is required to do that good shows up to support this church in that work.

And so it is!
Teacher’s Instructions for Board Course/Retreat

This workbook follows a different order than Edwene Gaines’ book. This allows for a sequence for building consciousness as a process. This can be done as a 4 or 5 week class or a Friday night-all day Saturday retreat. If done as a retreat each session is about two hours. Please feel free to adapt these materials to suit your ministry’s needs.

Session One—Forgiveness

Homework Assignment: Read section in book on Forgiveness before the first session.

Themes: Let’s clean the slate to make room for the abundance. Know that forgiveness is a process that cannot be completed in one class.

Before class convenes participants should read section on Forgiveness. Open with the five introductory questions after the opening prayer in the workbook. Ask and answer questions out loud getting a few folks to share.

Discuss the reading for this week (Forgiveness) choosing key concepts from the book to highlight. Give the class time to complete the exercises in the workbook on Forgiveness. Remember that the board members should be answering these questions from the perspective of the ministry. What forgivenesses may be incomplete within the history of the church? Past hurts and disappointments can block the church’s prosperity.

Forgiveness can be difficult or painful at times. Jesus told us, “where two or more are gathered, there I am also.” This was the first prayer triad. Prayer triads or partners hold the light for one another when one cannot for oneself, and allow the guidance and grace of Spirit to assist us.

Set up prayer triads this week:

To continue expanding your prosperity consciousness, each board member is invited to join with 2-4 others in a prayer triad. Triad refers to a group of three but for the purposes of Practice of Thriving a group of three to five is perfect. The members may determine for themselves what days/times they wish to meet (weekly, bi-weekly, in person, by phone, etc.). They may wish to meet 15 to 30 minutes before each class.

These beloved ones are the ones you will be most vulnerable with. You will share with them what you are not comfortable sharing with the world. They will hold in close confidentiality what you have shared and they will hold the “high light” for you when you are having trouble holding it for yourself. Remember that what is shared in the group stays in the group.

This is not a time for “stories,” but rather a time to come together to share prayer intentions and requests and to hold them in the highest light. You may have a format you wish to use, or you may wish to use this simple format:
1. Go around the circle and each person offers a brief (less than 2 minutes) check-in.
2. Go around again and each person offers a prayer intention/request.
3. One person then offers a heart-felt affirmative prayer for the group and offers thanksgiving for all that is blooming forth (you may rotate the responsibility for this).
4. Go around once more to allow each person to offer a word of thanks.

**Session Two—Purpose** (Have index cards for the class for the first exercise.)

**Themes:** What is mine to do? How do I figure out what my purpose is?

Note: There is additional material in the workbook intended to supplement the assignments for each class. You may wish to complete this at home.

1. During the class discuss the church’s purpose.
2. Does the church have a purpose or mission statement? If not, spend time determining how the ministry could focus time and energy on creating one. What is it that the ministry is here to be and do? Once this clarity is attained, you will begin opening wide the channels of abundance to support you in your mission and purpose. If you already have a mission or purpose statement, review it. Is it current? Does it need revising? If so, determine how you will revise it. If possible, brainstorm a few ideas in the class.
3. Review questions 1–10 in the workbook under Divine Purpose. Discuss how they apply to your ministry, then spend some time in meditation about the exercises and the questions. Spending time in the silence is a great way to help discover the ministry’s purpose.
4. Consider adding a vision statement and values to your mission statement.

**Session Three—Goal setting**

1. Now that the ministry purpose (what we are here to be) is becoming clear, it is time to ask what are we here to do? This is the ministry strategic plan. It takes the purpose into action in a focused way.
2. Spend time in meditation and then brainstorm some goals for the ministry to focus on. Try to keep the list to a handful of key goals rather than a laundry list of everything that needs attention. Define timelines and assign duties if appropriate.

**Session Four—Tithing**

**Themes:** We have forgiven everyone and everything; we know our purpose, we have our plan in place; now let’s put God first in all of it by tithing—time, talents, and treasures.

1. Read and discuss Questions to Ask Yourself about Tithing in the workbook.
2. Ask for tithing stories or share one of your own.
3. Discuss the difference between tithing and charitable giving.

4. Tithing is the greatest gift you can give yourself. So how big is the gift you want? Set a goal to move to a full ten percent tithe in a short time even if you have to work up to it. The sooner you get started, the sooner your gift will arrive.

5. Does the ministry tithe? If so how much? Does it consider charitable gifts as tithes? Discuss the importance of the ministry demonstrating good tithing habits as an organization. Discuss the church’s tithing policy and make any necessary adjustments. See the Association’s tithing policy in the kit notebook, Benchmark 10, as a sample and determine if you want to develop one for the church.

6. Discuss the importance of the board members embracing the Spiritual Practice of Tithing as a demonstration. Define or review your board tithing policy— how will board members tithe to the church? Keep in mind the board sets the tone or field of consciousness for the entire ministry.
   a. You may decide to have the policy be voluntary for existing members as they did not commit to the policy before becoming a member.
   b. Add the new policy information to your nominating requirements so that all new members will be fully informed before committing to service.

**Celebrate!**

Either celebrate at the end of the last session, or schedule a celebration for the class. Invite members to continue their practice and follow up with any remaining action steps. They may also want to keep in touch with prayer partners.

You may wish to work in testimonials from tithers into lessons or classes throughout the 8 month period.
Ministry Prosperity Assessment #2
Complete after studying The Four Spiritual Laws of Prosperity Course

Take a few moments to center yourself. Breathe in deeply and bring into your heart the appreciation you feel for your church community. Ask for guidance in answering these questions as honestly as possible, knowing it will support the shift in consciousness of your ministry. When you are ready, write your answers in a journal or on separate paper.

1. What does it mean for your church to be prosperous?
2. Does this church have a prosperity consciousness?
3. Who holds that consciousness for the church?
4. What is your part as a board member in the prosperity of your church?
5. Does the church talk about prosperity?
6. What kind of prosperity education is being done in the church? What other ideas do you have?
   - Classes?
   - Talk from the pulpit?
   - Prayer groups?
   - Newsletters?
7. How does this board understand prosperity in the church? Is it just by the tithes and love offerings that we demonstrate prosperity as a ministry?
8. What are the feelings about prosperity on this board? Do you, as a board member, feel the prosperity of your church? If yes, why? If not, why not? Would people in your church agree?
9. What could this church be if money were no issue?
10. What, if anything, holds this ministry back from being prosperous? Would it take an uncomfortable change? What would that discomfort look and feel like?
11. How do you as a board address fear around lack in the church?
12. As a Board member, what are you willing to do to raise the prosperity consciousness of this ministry?
   - Do you think that the leaders in the church need to model prosperity? Are you willing to be a model? What does it mean to be a model?
   - Do you tithe to this ministry? Are you willing to tithe?
   - Are you willing to talk about prosperity?

Reflections:
1. How have your responses changed from the first time you took this assessment?
2. What 2-3 action steps can the entire board take to help move the church forward in prosperity?
3. What 2-3 action steps, as an individual board trustee will you take to experience prosperity?
Section 3: For Your Congregation

Now that you and your board have set the tone and field of consciousness for the ministry, it is time to move the program out into the congregation.

Congregational Program Instructions

**Step 1:** Share with the congregation that the Thriving in Unity program Benchmark 10 is the Practice of Thriving and uses the book *The Four Spiritual Laws of Prosperity*.

- Promote the classes that will be coming.
- Share with the congregation that the board course/retreat is happening to set and hold the consciousness for the ministry as a whole.
- If you plan to use the Power of Prosperity Messages, mention those too.

**Step 2:** Hold *The Four Spiritual Laws of Prosperity* class at least one time in the eight-month period from September through April. (Teacher instructions are found on page 24) Order books to sell for class participants.

**Step 3:** Complete the Program Tracking Sheet and return it to our Association home office attention Debbie Allen.

Optional Ways to Deepen Prosperity Consciousness:

Do a single Sunday lesson or a series (Sunday or weekdays) based on the book *The Four Spiritual Laws of Prosperity*. (Lesson notes follow.)

Invite Edwene Gaines to speak at your ministry for the last day of the series.

Revisit the themes of the book periodically throughout the eight month period (Forgiveness, Purpose, Goal Setting, Tithing).

Share the results of your board course/retreat such as a new/updated organizational tithing policy and a new/updated board tithing policy).
Lesson Notes for Sunday or Weekday Talk/Series

These are just starting ideas and are not required to do the program. You may edit them however they may serve you. Or you may decide to create your talks from the book without the help of these materials.

**Week 1:** What is prosperity and what do we mean by prosperity principles?

Prosperity Quiz (possibly printed in the bulletin or newsletter)

1. I consistently tithe (1% or greater) to the person, place or institution that feeds me spiritually.  
   - [ ] Yes  
   - [ ] No

2. I have no fear about money.  
   - [ ] Yes  
   - [ ] No

3. I currently am abundantly prosperous in all of the following areas: health, relationships, work and finances.  
   - [ ] Yes  
   - [ ] No

4. I have forgiven everyone in my life that I have ever held a grudge against.  
   - [ ] Yes  
   - [ ] No

5. I have specific, tangible goals, written down with dates by which I wish to achieve them.  
   - [ ] Yes  
   - [ ] No

6. I have a complete understanding about what it is I am here to do on this earth, and I am living in alignment with that knowledge.  
   - [ ] Yes  
   - [ ] No

**Grading the quiz**

If you answered YES to all of these questions, congratulations, you are prosperous! To reinforce your prosperity, come join the class beginning ______

If you answered NO to one of the questions, then you are fantastic! To achieve even more abundance in your life, join the class beginning ______

If you answered NO to two of the questions, then you are a spiritual being working to be in greater harmony with the spiritual laws of prosperity. Don't miss Sunday Services on the 4 Laws of Prosperity for the next ________ weeks

If you answered NO to three or more of the questions, you need to jump-start your prosperity consciousness! Join us on talks on the Four Spiritual Laws of Prosperity. Come to the Wednesday night classes. Follow these principles and prosperity is guaranteed!
Week 2: Forgiveness and Prosperity
Release all that no longer serves you. Think of forgiveness as emotional housecleaning. It will help you make room for the good you desire. When you release judgment of others, it becomes possible to know what you really want in life.

Week 3: Divine Purpose and Prosperity
Begin to ask yourself questions about what is really important to you. Notice what brings you joy and fulfillment. This has probably always been with you. Tap into the amazing power that you are and commit to living your purpose!

Week 4: Goal Setting and Prosperity
Learn to combine goal-setting and directed faith to see amazing results. This is a fun and creative part of the prosperity process. A space will be provided for you to begin to open yourself to infinite possibility.

Week 5: Tithing and Prosperity
How would you like to live in a lavish, abundant world where all of your needs, wants and desires are met? You do! Learn to experience this firsthand as you move forward on your spiritual journey by participating in God's great law of prosperity. Tithing will change your life!

Week 6: Celebrating prosperity
Have a prosperity party with people sharing what has happened in their lives throughout the last 5 weeks.

Created by Rev. Alice Anderson, Chair of the Association’s Prosperity Development Team. Used with permission.

Companion Music
Because music has such a profound impact on us, it is so important to have music that supports your lessons in consciousness. We have assembled this list of songs that will help you raise the prosperity consciousness of your congregation in association with your lessons.

Week 1: What is prosperity and what do we mean by prosperity principles?
“Give it Away,” by Richard Mekdeci
“If it’s love you’re after, give it away. Good news or laughter, give it away . . .”
CD God Is! Songbook Peace In Our Lifetime
Contact: Richard@empowerma.com

“Money is Coming to Me,” by Karen Drucker
“Money is coming to me easily and effortlessly, money is coming to me”
CD and Songbook Songs of the Spirit II
Contact: www.karendrucker.com
**Week 2: Forgiveness and Prosperity**

“Center Me,” by Leddy Hammock and Sue Riley

“Center me, in the Presence of the Lord…still me ‘til I can decide, with love at my heart side…. center me”

CD and Songbook *Twelve Women of the Chalice*

Contact: sue@empowerma.com

“Ready Willing and Worthy,” by Richard Mekdeci

“I’m ready willing and worthy to open my heart and receive all of the Heavenly blessings there for me when I believe“

CD *God Is!* Songbook *Peace In Our Lifetime*

Contact: Richard@empowerma.com

**Week 3: Divine Purpose and Prosperity**

“So Much More,” by Jennifer Ferren

"I can see abundance flowing effortlessly in and through me, there's always higher good in store when we let Spirit open the door showing us there's so much more”

Songbook, *Baby Steps*

Contact: jferrensings@aol.com

“Ready to Use the Gifts I’ve Been Given,” by Jana Stanfield and Greg Tamblyn

“I'm ready to use the gifts I've been given to make this world a better place to live in.”

CD Greg Tamblyn *No Credentials Whatsoever* www.gregtamblyn.com

Jana Stanfield *Stop Look and Listen* business@janastanfield.com

Songbook *Jana Stanfield Songbook*

**Week 4: Goal Setting and Prosperity**

“Prosperity Chant,” by Karen Drucker

“What do I want, what do I desire, what will bring me to my highest good…prosperity I claim it”

CD and Songbook *Songs of the Spirit II*

“Get a Bigger Pan,” by Karen Talyor Good & Lisa Aschmann

“Don’t throw those dreams back in the lake. It’s not that you can’t have it all, you’ve just been dreaming way too small. Get a bigger pan, get a bigger pan”

CD *Song Guru* www.karentaylorgood.com
**Week 5: Tithing and Prosperity**

“Special Penny,” by David Roth

“So I took it from my pocket, and I placed it ‘neath a tree…that’s why a special penny is a treasure to be found”

CD *Practice Makes Progress* Songbook *Special Services and Chants Volume 1*

Contact: www.unity.org or call 816 524 7414

”My Gift Goes Forth,” by Mel White

"My gift goes forth, on the wings of love, and it lands where it can heal and bless"  

Songbook *One Voice*

Contact: www.unity.org or call 816 524 7414

**Week 6: Celebrating prosperity**

“*The Goodness of God,*” by Sue Kroupa

“Yours are the hands, yours is the voice to celebrate the goodness of God”

CD *Lofty Ideals* Songbook *Sprit Is Joy*

Contact: www.unity.org or call 816 524 7414

“*More Than Enough,*” by Daniel Nahmod

”God’s infinite love will provide more than enough.”

CD and Songbook *Sacred Love*

See www.danielnahmod.com

For information on where to buy the music and on the song pairing book and more songbooks and music resources, go to www.unity.org and visit our online store.

Resource for above songs is “Let’s Plan the Service—Song Suggestions and Pairings for a Cohesive Service,” compiled by Sue K. Riley An invaluable resource of over 400 New Thought songs and themes including contact and order information. To order email sue@empowerma.com.

**How to sign up for music email**

The monthly *Sound Connections* New Thought music e-newsletter now goes to 1700 music directors, ministers and musicians every month. It is filled with relevant articles, featured artists, CD reviews and a free sheet music PDF each month. Opt in to begin receiving yours at www.unity.org and click on the “Publications” tab. We encourage you to take advantage of this fabulous resource if you are not already doing so.
Teacher’s Instruction for Congregational Course

This workbook follows a different order than Edwene Gaines’ book. This allows for a sequence for building consciousness as a process. This can be done as a 4 or 5 week class. If you are teaching the class for credit it will have to be 5 weeks (see Optional Session A).

Optional Session A (for five-week classes)
Give the class time to answer the five introductory questions after the opening prayer in the workbook. Break the class up into small groups to share their answers. Allow time for a full class discussion. Talk about prosperity. What does it mean to you? How open are you to receiving? Do you claim God as your Source for all?

Homework Assignment: Read section in book on Forgiveness.

Session One—Forgiveness
Themes: Let's clean the slate to make room for the abundance. Know that forgiveness is a process that cannot be completed in one class.

For four-week class: Before class convenes participants should read section on forgiveness. Open with the five introductory questions after the opening prayer in the workbook. Ask and answer questions out loud getting a few folks to share.

For both 4 and 5 week classes: Discuss the reading for this week (Forgiveness) choosing key concepts from the book to highlight. Give the class time to complete the exercises in the workbook on Forgiveness - reserve some time at the end of the class for sharing in groups of two.

Forgiveness can be difficult or painful at times. Jesus told us, “Where two or more are gathered, there I am also.” This was the first prayer triad. Prayer triads or partners hold the light for one another when one cannot for oneself and allows the guidance and grace of Spirit to assist us.

Set Up Prayer Triads This Week:
To continue expanding your prosperity consciousness, each board member is invited to join with 2-4 others in a prayer triad. Triad refers to a group of three but for the purposes of Practice of Thriving a group of three to five is perfect. The members may determine for themselves what days/times they wish to meet (weekly, bi-weekly, in person, by phone, etc.).

These beloved ones are the ones you will be most vulnerable with. You will share with them
what you are not comfortable sharing with the world. They will hold in close confidentiality what you have shared and they will hold the “high light” for you when you are having trouble holding it for yourself. Remember that what is shared in the group stays in the group.

This is not a time for “stories,” but rather a time to come together to share prayer intentions and requests and to hold them in the highest light. You may have a format you wish to use, or you may wish to use this simple format:

1. Go around the circle and each person offers a brief (less than 2 minutes) check-in.
2. Go around again and each person offers a prayer intention/request.
3. One person then offers a heart-felt affirmative prayer for the group and offers thanksgiving for all that is blooming forth (you may rotate this responsibility).
4. Go around once more to allow each person to offer a word of thanks.

**Homework Assignments:** Do “Dare to Claim Your Good!” exercise, read section on Purpose for next class

**Session Two—Purpose**
Read the section on Purpose
(Have index cards for the class for the first exercise.)
**Themes:** What is mine to do? How do I figure out what my purpose is?
Note: There is additional material in the workbook intended to supplement the assignments for each class.

Complete the “My Hero List” in the workbook. Ask each person to introduce herself with information from the exercise, as follows: My name is “Jane” and I came here to be “…”. This allows each to get comfortable voicing who she came here to be.

Give time to answer questions 1-10 in the workbook under Divine Purpose, then spend some time in meditation about the exercises and the questions.
Now that all know who they came here to be, have them write a vision statement and actions that support being who they came to be.

**Homework Assignment:** Read section on Goal Setting for next class.
**Session Three—Goal Setting**
Hold a general discussion on the reading, picking out key concepts to touch on. Ask each person to answer for himself: Now that I know my purpose what am I going to do? This is his strategic plan. It takes the purpose into action in a focused way. Have each person work through the Goal Setting pages. Spend time in meditation and then write goals.

**Homework Assignment:** Read section on Tithing for final class.

**Session Four—Tithing**
**Themes:** We have forgiven everyone and everything; we know our purpose, we have our plan in place; now let’s put God first in all of it by tithing—time, talents, and treasures. Claim and live—God is our source (not our job or our paycheck, etc.)

1. Read and discuss Questions to Ask Yourself about Tithing in the workbook.
2. Ask for tithing stories or share one of your own.
3. Discuss the difference between tithing and charitable giving.
4. Tithing is the greatest gift you can give yourself. So how big is the gift you want? Set a goal to move to a full ten percent tithe in a short time even if you have to work up to it. The sooner you get started, the sooner your gift will arrive.

**Celebrate!**
Either celebrate at the end of the last session, or schedule a celebration for the class. Invite members to continue their practice and follow up with any remaining action steps. They may also want to keep in touch with prayer partners.
Section 4: Extras for Everyone

Power of Prosperity Messages
Support your efforts to raise prosperity consciousness by using the Power of Prosperity Messages in the benchmark 10 folder on the CD-ROM. These can be used as emails to your congregation, as articles in your newsletters, or as inserts in your Sunday bulletin. Congregants can use these messages as part of their personal spiritual practice around prosperity.

This program was adapted from an email program called Power of Prosperity x 12. The full 12 month program is available at www.unity.org, under Publications. For this program it has been re-designed as an eight month process to align with Thriving in Unity.

Promotional Materials
In order to promote your event to your congregation, we have included materials for download at www.ThrivingInUnity.org, under The Practice of Thriving. These were created by Alice Anderson, minister at Christ Church Unity in Orlando, Fla., and are adapted for your use with permission.

You’ll find:

- News release sample for those having Edwene Gaines in for a workshop
- Sample website material promoting the class
- Sample and ready to print post cards

Further, we have created Powerpoint slides based on licensed teacher Debbie Allen’s class presentation. Feel free to modify and use in whatever way works for you.