

Benchmark 12 Tracking Sheet for Individuals

Name: _____

Address: _____

Phone: _____ Email: _____

Please complete the following information to meet Benchmark 12: Attend weekly worship service and class.

GENERAL INFORMATION

Please list the number of services and classes you attended from September – April.

Total Number of Worship Services Attended: _____

Total Number of Classes and Workshops Attended: _____

RESULTS

Please use the lines below to record your impressions of how achieving this benchmark has impacted you:

FEEDBACK

Please use the space provided on the other side of this form to record your feedback on the following questions (use additional paper if needed):

What were your greatest success and your greatest challenge in implementing this benchmark?

How do you think tracking this information assisted you on your journey? Did you find yourself making different decisions based on the information or knowing your would be tracking it? Why or why not?

What other ways can you tack your activities to bring increased consciousness to them?
